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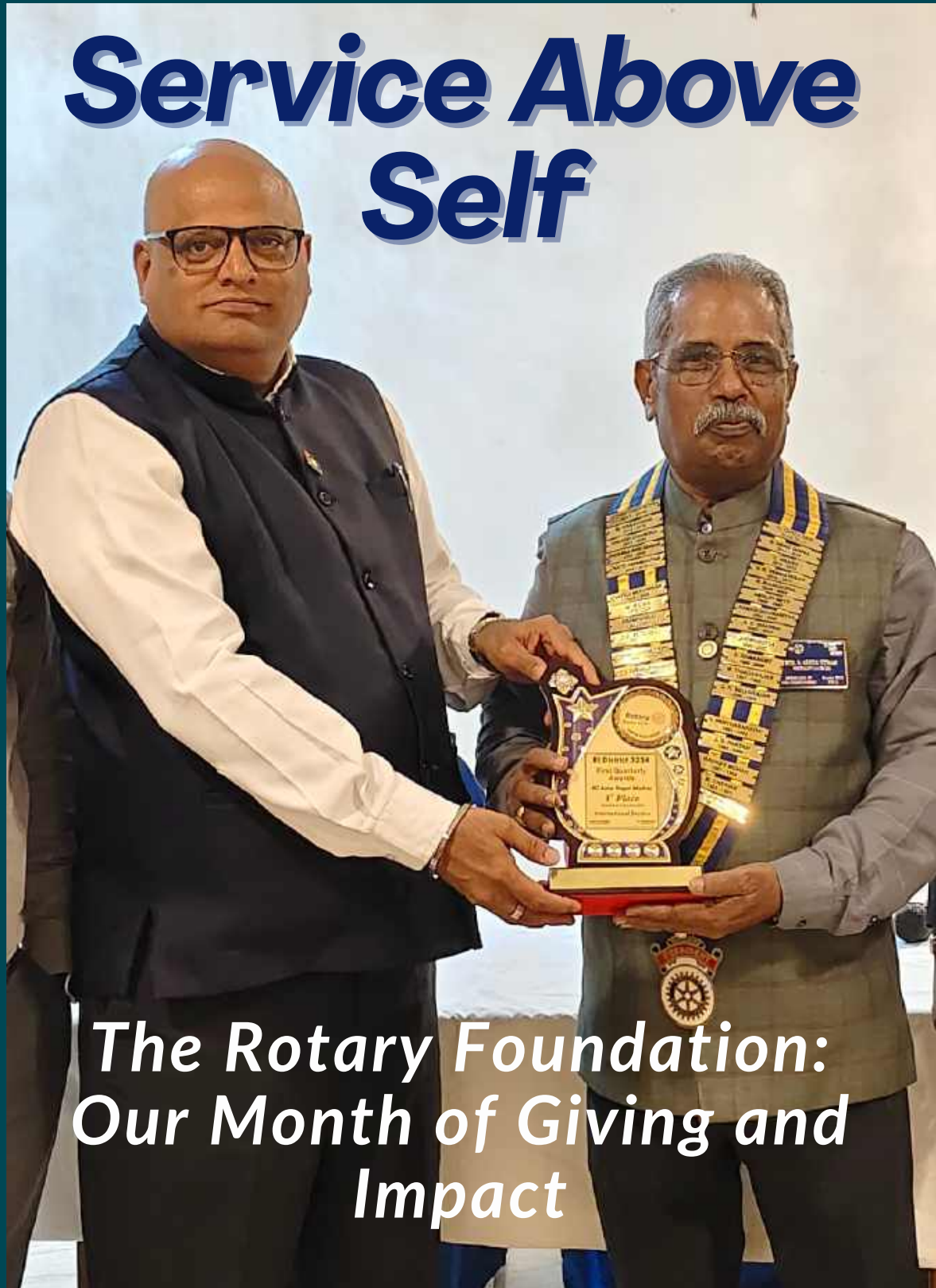
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The Rotary Foundation: Our Month of Giving and Impact

Rotary Foundation Night

Celebrating the Spirit of Service

RCANM came together for **Rotary Foundation Night on November 11th** at Presidency Club, Egmore to celebrate the spirit of giving, the power of service, and the impact of The Rotary Foundation in transforming lives around the world. **District Foundation Chair Rtn. Purushothaman served as Chief Guest** for the event and **District Chairman (Annual Fund) Rtn. Harisharan was the Guest of Honour**. Both speakers delivered inspiring and engaging talks that encouraged active participation and meaningful interaction among members. Inspired by the evening's discussions, many of our green Rotarians expressed their **commitment to becoming Paul Harris Fellows (PHF)**. **Rtn. Singaravel was honoured with the PHF Pin**, and **Rtn. PP. Vrinda and Rtn. PP. Gireeshan announced generous contributions of \$1,000 each** to The Rotary Foundation. It was a night that celebrated fellowship, purpose, and the collective power of Rotary to make a difference.



“Last evening, the Rotary Foundation Day meeting went off very well thanks to all the preparations including the agenda making by club secretary Ramasubraniam and ably executed by President Nandakumar.

The meeting arrangements and menu selection at the Club, by Chettygaru was excellent, as always.”

- Rtn. PP. Gireeshan, Rotary Foundation Chair (RCANM)

Arivu Neram – Time for Learning!

Providing evening nutrition for student success



In line with our strong commitment to **Youth Service and Literacy Development**, the Rotary Club of Annanagar Madras (RCANM) has launched an **Evening Study Support Program** titled “**Arivu Neram**” (**Time for Learning**) for the students of the **Government Model Higher Secondary School, Arumbakkam**, our Interact School.

Organized by **Youth Service Director Rtn. CA V. Balasundaram**, this initiative aims to support **10th and 12th standard students** as they prepare for their Board Examinations by offering a focused study environment along with **nutritious, protein-rich channa/sundal** to keep them energized during extended evening study hours.

The program was inaugurated on **November 13th** in a simple yet meaningful gathering at the school. A total of **450 students, 8 teachers, and 5 Rotarians** participated in the launch, reflecting the enthusiasm and community spirit behind the project.

For the next four months, club members will continue to provide evening nutrition to power these young minds toward academic success. This effort is **generously supported by 18 Rotarians**, whose contributions make the sustained distribution of nutritious snacks possible.

The initiative was warmly welcomed by the students and the school administration, marking a promising start to a program that aspires to **motivate, strengthen, and uplift learners** during a crucial phase of their academic journey.



Rotary Youth Leadership Awards

Special Feature by Nisha Singaravel

The Rotary Club of Anna Nagar Madras successfully organized the **Rotary Youth Leadership Awards (RYLA)** on **8th November 2025 at Govt Girls Higher Secondary School, Ayapakkam**. The day began with the **installation of the Interact Clubs** of Vels Thalambur and Government Model Higher Secondary School, Arumbakkam, marking an inspiring start to the event.

A **total of eight schools** enthusiastically participated in the RYLA program. The inaugural ceremony commenced at 9:30 a.m. with the National Anthem and Tamil *Thai Vaazhthu*, setting a tone of pride and unity.

The **Chief Guest for the inauguration was Rtn. Dr. M.S.Ravivarma, District Chair**, and the **Guest of Honour was Rtn. PP. A. N. Gireeshan, Foundation Chair**. After their introductions, both distinguished Rotarians addressed the gathering, highlighting the importance of leadership, personal development, and Rotary's commitment to empowering youth through RYLA.



The first session, a **panel discussion, moderated by Rtn Balasundaram, on "The Power Behind Success"**, featured **eminent speakers Mrs. Rosy, Dr. Bala, and Mrs. Hema**. They shared motivational insights and practical advice, inspiring students to identify their strengths and pursue success with determination. The interactive Q&A session added great value and engagement.



The second session, conducted by **Ann. Lakshmi Raghukumar**, was an **activity-based workshop** that encouraged participants to express their thoughts on ten thought-provoking topics. Representatives from each school presented their views, showcasing creativity, confidence, and communication skills. The third session was another enriching **panel discussion, moderated by Rtn PP Radhika Ramkumar, on "Anchoring Your Career"**, led by **Wing Commander Chandru, Dr. Arun, and Ms. Aswatha**. The speakers offered valuable guidance on goal-setting, career planning, and future aspirations. The interactive discussion helped students reflect on their ambitions and future paths.



After a refreshing and delicious lunch, the **Valedictory Function** was held with **Chief Guest Rtn. N. S. Saravanan, IPDG & Counsellor - Youth Service**, and **Guest of Honour Rtn. Manoranjitham Ponnuswami, Sponsor of RYLA**. Heartfelt thanks to both dignitaries for their gracious presence and valuable support, which added great significance to the event. They distributed trophies and certificates to the winners and participants, recognizing their enthusiasm and talent. The Chief Guest's inspiring address encouraged students to **dream big and lead with compassion, courage, and confidence**. The event concluded with a **Vote of Thanks delivered by Secretary PP. Rtn. Ramasubramanian**, who expressed heartfelt appreciation to **Rtn. V. Balasundaram, Director - Youth Service**, and his dedicated team for organizing a memorable and impactful RYLA.



The program was a resounding success, leaving a lasting impression on all participants and reaffirming Rotary's commitment to fostering leadership and service values among youth.

Strengthening Community Health Together

Kicking off 'Saiyam' to promote diabetes awareness



To commemorate **World Diabetes Day**, Rotary International District 3234, under the leadership of **District Governor AKS Rtn. Vinod Saraogi**, launched a large-scale **diabetes awareness initiative** titled **"Saiyam"** in association with **Madhav Diabetes Centre, Anna Nagar**.

The event, spearheaded by **District Health Chair Rtn. Suryanarayana Rao** and **District Diabetes Chair Rtn. PP. Vrinda Deepak**, emphasized self-restraint, healthy living, and preventive healthcare.

Over **650 Rotaractors** from leading Chennai colleges joined Rotarians for the **Walkathon at Besant Nagar Beach**, spreading awareness about diabetes prevention and control. The morning featured a **yoga and surya namaskar demonstration** by **Saurav Yog**, highlighting the role of regular exercise and mindfulness in managing metabolic health.

The event concluded with a strong message of sustainability and community responsibility, ensuring the beach was left clean and pristine.

Rotary District 3234 reaffirmed its commitment to promoting health, wellness, and awareness across workplaces, schools, and communities – reinforcing that "Awareness today can prevent illness tomorrow."



Strengthening Community Health Together

Advancing kidney care at Stanley Government Hospital



Responding to a request from **Rtn. P. Nandakumar**, President of the Rotary Club of Annanagar Madras, and an appeal from **Rtn. Dr. A. Aravind**, Dean, along with **Dr. M. Edwin Fernando**, Professor & Head, Department of Nephrology, **Aptus Value Housing Finance India Ltd** has extended remarkable support under its Corporate Social Responsibility (CSR) program.

Aptus has dedicated a **Continuous Renal Replacement Therapy (CRRT) Dialysis Unit to Stanley Government Medical College & Hospital, Chennai**. This lifesaving equipment, valued at ₹20 lakhs, has been **generously funded by Shri M. Anandan**, Founder & Executive Chairman, Aptus Value Housing Finance Ltd.

The advanced CRRT system will provide **critical renal support to ICU patients, benefiting over 1,000 individuals every year** and significantly strengthening the hospital's critical care capabilities.

This collaboration stands as a powerful example of how partnerships between Rotary, the medical community, and socially committed corporations can make an enduring impact on public health.



“The efforts of PP Rtn Ramasubramanian and the donation of Rtn Padma Anandan and Mr Anandan will play a vital role in saving many lives and offer hope to countless families. As Director-Health, I congratulate President Rtn Nandakumar and Sec Rtn Ramsubramanian for their persistent follow up and implementation. The coordination of IPP Aravindan cannot be undermined. The link between the Nephrologist of Stanley, Dr Edwin, and our club was Rtn Dr Deepak who magnanimously offered this project to our club and our District. The presence of Dr Harikrishnan and Dr Kala along with other members are appreciated.”

- Rtn. PP. Vrinda Deepak, Director-Health (RCANM)



CONGRATULATIONS AND CELEBRATIONS!



Rotary Club of Annanagar Madras celebrates Family Meet with karaoke, camaraderie, and our next President-Elect



The evening of 26th November 2025 was filled with music and energy. Members gathered in high spirits as **RC Melody's talented trio — Rtn. Reka Das, Rtn. Srini, and Rtn. Uma Shankar** — led an engaging **karaoke session** that set the perfect tone for the night. Our club members participated wholeheartedly, turning the event into a vibrant celebration of togetherness.

A significant highlight of the Family Meet was the important announcement made by President Rtn. P. Nandakumar, who shared that the club had **unanimously selected and confirmed Rtn. Mallika Thyagarajan as the President-Elect** for the year 2026–2027.

The evening beautifully combined entertainment with an important milestone for our club, reminding us once again of the strength of our fellowship and our shared commitment to Rotary's values.

Congratulations to our new President-Elect

Rtn. Mallika Thyagarajan!

Wishing you a successful and inspiring year of service!!





CONGRATULATIONS AND CELEBRATIONS!



RCANM received 1st Place awards for Membership Development and International Service at the First Quarterly Awards event for RI District 3234



Annettes Akshadhaa and Dhanyatha participated in Rotary Natyanjali 2025, an event committed to promoting the classical arts in all forms. Akshadhaa also won the Runnerup award in the Junior category.



Celebrating Good Times!

COFFEE MEET

An evening of games, laughter and good food hosted by Ann. Dr. Chandrakala, Ann Roopamalini, Ann Nisha Singaravel and Ann Deepika





Youth in Action

INTERACTORS MAKE AN IMPACT



Road Safety Awareness

A **Traffic Awareness Demonstration Programme** was held on 11th November 2025 at **Chinmaya Vidyalaya, Kilpauk**, under the guidance of **ACP East-1, Inspector of Police Chetpet PS, Inspector of Police Vepery PS** and police personnel. Organized with the participation of the school's RSP (Road Safety Patrol) and Interact Club, the event featured **demonstrations on traffic rules, vehicle checks, under-18 driving regulations**, and the consequences of violations.

The programme was informative and helped strengthen road safety awareness among students.



Kudos to the students and coordinators of Interact Club of Chinmaya Vidyalaya (Taylors Road) for initiating and reporting such impactful projects!

Swachh Bharat Drive and More!

On 22nd November 2025, Interactors undertook a **cleanliness drive** as part of the **Swachh Bharat initiative** at **Chinmaya Vidyalaya, Kilpauk**. Noticing trash collected on window sills and ventilator grills, they used brooms to dislodge the waste and then hand-picked the debris from the ground, garden, and parking areas, collecting it in garbage bags. They also assisted the housekeeping and support staff in cleaning the school premises and surroundings.



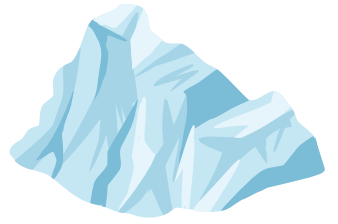
Continuing the drive, the Interact Club organized a **Clean and Green Campus initiative**. Interactors brought saplings to plant on the school grounds, supported by **Vice-Principal Mrs. Geetha Ganesh** and **Primary In-charge Mrs. Radhika Kannan**. Students celebrating birthdays also bring a sapling to school—an effort that reinforces the idea that a greener planet starts with simple actions.

Interactors also visited every classroom to remind students to keep their rooms and campus clean. They emphasized not throwing waste out of windows or ventilators and encouraged proper use of classroom dustbins. **Posters created by Interact Club members were displayed** in corridors and key areas to reinforce the message throughout the school. These activities promote campus hygiene while fostering responsibility, teamwork, respect, environmental awareness, and empathy among the students.





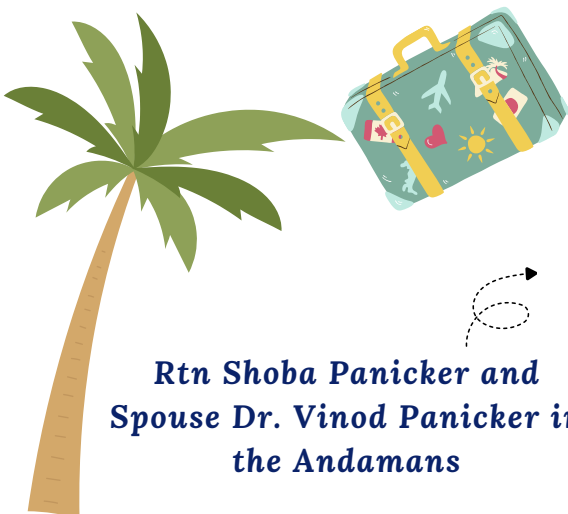
Rotarian Adventures
OUR GLOBE TROTTERS



Rtn Vikash Chandra, Ann Renu Chandra, Rtn Gireeshan and Ann Meena Gireeshan in Argentina and Antarctica



Rtn Mallika Thyagarajan in Bali



Rtn Shoba Panicker and Spouse Dr. Vinod Panicker in the Andamans



Madhu Mathur's

QUOTE CORNER

We weren't born to spend our days in despair, lamenting our existence.
Nor were we born to squander our lives in self-indulgence, piling up regrets. We were born to play out a great human drama of triumphing over difficulties, dancing with happiness and with joy, while dispelling the clouds of gloom.

- Daisoku Ikeda

Rotary



**DECEMBER IS
DISEASE PREVENTION AND
TREATMENT**

4th December:
Distribution of Pink
Auto Rickshaws
Donated by Aptus
Value Housing
Finance Ltd



Happy
BIRTHDAY

9th Dec: Ann. Devi
W/o Rtn. Satish Menon

12th Dec: Ann. Sujatha Raju
W/o Rtn. Raju

17th Dec: Rtn. PHF PP Niranjan Mathur

17th Dec: Rtn. Raaju P

20th Dec: Ann. Chandra
W/o Rtn. PHF PP Ramasubramanian

22nd Dec: Rtn. Balasundaram

23rd Dec: Rtn. PHF PP Devnani D.S

Happy
ANNIVERSARY

4th Dec: Rtn. Raaju P &
Spouse Ms. Thashija

10th Dec: Rtn. PHF PP Radhika Ramkumar &
Spouse Mr. Ram Kumar

14th Dec: Rtn. Satish Menon &
Spouse Ms. Devi

15th Dec: Rtn. PHF PP Niranjan Mathur &
Spouse Ms. Madhu

26th Dec: Rtn. PHF Mohanan Velayudha Menon &
Spouse Ms. Latha

29th Dec: Rtn. PHF Dr. Chitra Joseph &
Spouse Dr. Cyril Joseph

